

## FCA-E EMI Easy Reference Guide

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### Appendix B cont'd: Sample schedule for two-day conference, mid-day work-out:

*\*\*Please coordinate all schedule changes with instructor(s)\*\**

#### **Friday**

- 1800-1900** Check-in
- 1900-1945** Weekend Overview
- 2000-2100** “Endurance sports outreach in the 21st Century”  
- Demographics, the importance of relationships & proving that faith “works”

#### **Saturday**

- 0830-0915** “Christ’s story in your life”  
- How to focus your testimony on Christ’s work in your life
- 0915-0930** Skit: *Rolling Testimony*
- 0945-1030** Testimony writing workshop
- 1045-1130** “Divine appointment preparation”  
- Overcoming fears, steering conversations, methods
- 1130-1230** Lunch
- 1230-1315** “Are You Ready For This Race?”  
- How to concisely, convincingly present the gospel
- 1315-1330** Skit: *Drawing in the Dirt*
- 1345-1430** Evangelism Methods Workshop
- 1430-1700** Afternoon ride/run
- 1700-1730** Shower
- 1730-1830** Dinner
- 1830-1845** Skit: *The Upset*
- 1845-1930** Evangelism Methods Workshop
- 1945-2030** Basic Follow-up techniques
- 2030-2045** Skit: *Life-Training*
- 2045-2100** Wrap-up